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| **Subject: PSHRE** |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Year 7** | **Unit Name:**Health & Wellbeing – *Transition & Safety***Unit Description:**Transition to secondary school and personal safety in and outside school, including first aid | **Unit Name:**Living in the wider world - *Developing skills and aspirations***Unit Description:**Careers, teamwork and enterprise skills, and raising aspirations | **Unit Name:**Relationships - *Diversity***Unit Description:**Diversity, prejudice, and bullying | **Unit Name:**Health and Wellbeing – *Health & Puberty***Unit Description:**Healthy routines, influences on health, puberty, unwanted contact, and FGM | **Unit Name:**Relationships - *Building relationships***Unit Description:**Self-worth, romance and friendships (including online) and relationship boundaries | **Unit Name:**Living in the wider world - *Financial decision making***Unit Description:**Saving, borrowing, budgeting and making financial choices |
| **Year 8** | **Unit Name:**Health & Wellbeing - Emotional wellbeing**Unit Description:**Mental health and emotional wellbeing, including body image and coping strategies | **Unit Name:**Living in the wider world - Digital literacy**Unit Description:**Online safety, digital literacy, media reliability, and gambling hooks | **Unit Name:**Relationships - Discrimination**Unit Description:**Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia | **Unit Name:**Health & Wellbeing – Drugs & Alcohol**Unit Description:**Alcohol and drug misuse and pressures relating to drug use  | **Unit Name:**Relationships - Identity and relationships**Unit Description:**Sexual orientation and gender identity, consent, contraception, visible differences, homelessness and refugees | **Unit Name:**Living in the wider world - Community and careers**Unit Description:**Equality of opportunity in careers and life choices, and different types and patterns of work  |
| **Year 9** | **Unit Name:**Health & Wellbeing - Peer influence, substance use and gangs**Unit Description:**Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation | **Unit Name:**Living in the wider world – Employability skills**Unit Description:**Employability and online presence  | **Unit Name:**Relationships - Respectful relationships**Unit Description:**Families and parenting, healthy relationships, conflict resolution, and relationship changes | **Unit Name:**Health & Wellbeing – Healthy Lifestyle**Unit Description:**Diet, exercise, lifestyle balance and healthy choices, and first aid | **Unit Name:**Relationships - Intimate relationships**Unit Description:**Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography | **Unit Name:**Living in the wider world – Setting Goals**Unit Description:**Learning strengths, career options and goal setting as part of the GCSE options process |