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| **Subject: PSHRE** | | | | | | |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Year 7** | **Unit Name:**  Health & Wellbeing – *Transition & Safety*  **Unit Description:**  Transition to secondary school and  personal safety in and outside school, including first aid | **Unit Name:**  Living in the wider world - *Developing skills and aspirations*  **Unit Description:**  Careers, teamwork and  enterprise skills, and raising  aspirations | **Unit Name:**  Relationships - *Diversity*  **Unit Description:**  Diversity, prejudice, and  bullying | **Unit Name:**  Health and Wellbeing – *Health & Puberty*  **Unit Description:**  Healthy routines, influences  on health, puberty,  unwanted contact, and FGM | **Unit Name:**  Relationships - *Building relationships*  **Unit Description:**  Self-worth, romance and friendships (including online) and relationship boundaries | **Unit Name:**  Living in the wider world - *Financial decision making*  **Unit Description:**  Saving, borrowing,  budgeting and making  financial choices |
| **Year 8** | **Unit Name:**  Health & Wellbeing - Emotional wellbeing  **Unit Description:**  Mental health and emotional wellbeing, including body image and coping strategies | **Unit Name:**  Living in the wider world - Digital literacy  **Unit Description:**  Online safety, digital literacy, media reliability, and gambling hooks | **Unit Name:**  Relationships - Discrimination  **Unit Description:**  Discrimination in all its  forms, including: racism,  religious discrimination,  disability, discrimination,  sexism, homophobia,  biphobia and transphobia | **Unit Name:**  Health & Wellbeing – Drugs & Alcohol  **Unit Description:**  Alcohol and drug misuse and pressures relating to drug use | **Unit Name:**  Relationships - Identity and relationships  **Unit Description:**  Sexual orientation and gender identity, consent, contraception, visible differences, homelessness and refugees | **Unit Name:**  Living in the wider world - Community and careers  **Unit Description:**  Equality of opportunity in careers and life choices, and different types and patterns of work |
| **Year 9** | **Unit Name:**  Health & Wellbeing - Peer influence, substance use and gangs  **Unit Description:**  Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation | **Unit Name:**  Living in the wider world – Employability skills  **Unit Description:**  Employability and online presence | **Unit Name:**  Relationships - Respectful relationships  **Unit Description:**  Families and parenting, healthy relationships, conflict resolution, and relationship changes | **Unit Name:**  Health & Wellbeing – Healthy Lifestyle  **Unit Description:**  Diet, exercise, lifestyle balance and healthy choices, and first aid | **Unit Name:**  Relationships - Intimate relationships  **Unit Description:**  Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography | **Unit Name:**  Living in the wider world – Setting Goals  **Unit Description:**  Learning strengths, career options and goal setting as part of the GCSE options process |