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| **Subject: PSHRE** |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Year 10** | **Unit Name:**Health & Wellbeing - Mental Health**Unit Description:**Mental health and ill health, stigma, safeguarding health, including during periods of transition or change | **Unit Name:**Living in the wider world - financial decision making**Unit Description:**The impact of financial decisions, debt, gambling and the impact of advertising on financial choices | **Unit Name:**Relationships - Healthy Relationships**Unit Description:**relationships and sex expectations, pleasure and challenges, including the impact of the media and pornography | **Unit Name:**Health & Wellbeing – Exploring influence**Unit Description:**The influence and impact of drugs, gangs, role models and the media | **Unit Name:**Relationships - Addressing extremism and radicalisation**Unit Description:**Communities, belonging and challenging extremism | **Unit Name:**Living in the wider world - Work Experience**Unit Description:**Evaluation of work experience, places of work and readiness for work |
| **Year 11** | **Unit Name:**Health & Wellbeing – Building for the future**Unit Description:**Self-efficacy, stress management, and future opportunities | **Unit Name:**Living in the wider world – Next steps**Unit Description:**Application processes, and skills for further education, employment and career progression | **Unit Name:**Relationships - Communication in relationships**Unit Description:**Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse | **Unit Name:**Health & Wellbeing - Independence**Unit Description:**Responsible health choices, and safety in independent contexts | **Unit Name:**Relationships - Families**Unit Description:**Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships |  |