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| **Subject: PSHRE** | | | | | | |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Year 10** | **Unit Name:**  Health & Wellbeing - Mental Health  **Unit Description:**  Mental health and ill health, stigma, safeguarding health, including during periods of transition or change | **Unit Name:**  Living in the wider world - financial decision making  **Unit Description:**  The impact of financial decisions, debt, gambling and the impact of advertising on financial choices | **Unit Name:**  Relationships - Healthy Relationships  **Unit Description:**  relationships and sex expectations, pleasure and challenges, including the impact of the media and pornography | **Unit Name:**  Health & Wellbeing – Exploring influence  **Unit Description:**  The influence and impact of drugs, gangs, role models and the media | **Unit Name:**  Relationships - Addressing extremism and radicalisation  **Unit Description:**  Communities, belonging and challenging extremism | **Unit Name:**  Living in the wider world - Work Experience  **Unit Description:**  Evaluation of work experience, places of work and readiness for work |
| **Year 11** | **Unit Name:**  Health & Wellbeing – Building for the future  **Unit Description:**  Self-efficacy, stress management, and future opportunities | **Unit Name:**  Living in the wider world – Next steps  **Unit Description:**  Application processes, and skills for further education, employment and career progression | **Unit Name:**  Relationships - Communication in relationships  **Unit Description:**  Personal values, assertive  communication (including  in relation to contraception  and sexual health),  relationship challenges and  abuse | **Unit Name:**  Health & Wellbeing - Independence  **Unit Description:**  Responsible health choices, and safety in independent contexts | **Unit Name:**  Relationships - Families  **Unit Description:**  Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships |  |