



## Key Stage 3 Curriculum Map Overview

Subject: PSHRE						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 7</b>	<p><b>Unit Name:</b> Health &amp; Wellbeing – <i>Transition &amp; Safety</i></p> <p><b>Unit Description:</b> Transition to secondary school and personal safety in and outside school, including first aid</p>	<p><b>Unit Name:</b> Living in the wider world - <i>Developing skills and aspirations</i></p> <p><b>Unit Description:</b> Careers, teamwork and enterprise skills, and raising aspirations</p>	<p><b>Unit Name:</b> Relationships - <i>Diversity</i></p> <p><b>Unit Description:</b> Diversity, prejudice, and bullying</p>	<p><b>Unit Name:</b> Health and Wellbeing – <i>Health &amp; Puberty</i></p> <p><b>Unit Description:</b> Healthy routines, influences on health, puberty, unwanted contact, and FGM</p>	<p><b>Unit Name:</b> Relationships - <i>Building relationships</i></p> <p><b>Unit Description:</b> Self-worth, romance and friendships (including online) and relationship boundaries</p>	<p><b>Unit Name:</b> Living in the wider world - <i>Financial decision making</i></p> <p><b>Unit Description:</b> Saving, borrowing, budgeting and making financial choices</p>
<b>Year 8</b>	<p><b>Unit Name:</b> Health &amp; Wellbeing - Emotional wellbeing</p> <p><b>Unit Description:</b> Mental health and emotional wellbeing, including body image and coping strategies</p>	<p><b>Unit Name:</b> Living in the wider world - Digital literacy</p> <p><b>Unit Description:</b> Online safety, digital literacy, media reliability, and gambling hooks</p>	<p><b>Unit Name:</b> Relationships - Discrimination</p> <p><b>Unit Description:</b> Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p>	<p><b>Unit Name:</b> Health &amp; Wellbeing – Drugs &amp; Alcohol</p> <p><b>Unit Description:</b> Alcohol and drug misuse and pressures relating to drug use</p>	<p><b>Unit Name:</b> Relationships - Identity and relationships</p> <p><b>Unit Description:</b> Sexual orientation and gender identity, consent, contraception, visible differences, homelessness and refugees</p>	<p><b>Unit Name:</b> Living in the wider world - Community and careers</p> <p><b>Unit Description:</b> Equality of opportunity in careers and life choices, and different types and patterns of work</p>

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<b>Year 9</b>	<b>Unit Name:</b> Health & Wellbeing - Peer influence, substance use and gangs  <b>Unit Description:</b> Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	<b>Unit Name:</b> Living in the wider world – Employability skills  <b>Unit Description:</b> Employability and online presence	<b>Unit Name:</b> Relationships - Respectful relationships  <b>Unit Description:</b> Families and parenting, healthy relationships, conflict resolution, and relationship changes	<b>Unit Name:</b> Health & Wellbeing – Healthy Lifestyle  <b>Unit Description:</b> Diet, exercise, lifestyle balance and healthy choices, and first aid	<b>Unit Name:</b> Relationships - Intimate relationships  <b>Unit Description:</b> Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography	<b>Unit Name:</b> Living in the wider world – Setting Goals  <b>Unit Description:</b> Learning strengths, career options and goal setting as part of the GCSE options process
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